



# THE LESS MESS CHALLENGE

## WEEK 1: THE PLAYROOM

### A Little Less Mess (30 minutes):

- Throw out or donate items that are cheap, broken, or obviously outgrown such as baby puzzles and goodie bag or happy meal toys.
- Do a quick tidy, returning items to their proper locations
- Fill a box of items you think your children may not love anymore

### Less Mess (60 minutes):

- Throw out or donate items that are cheap or obviously outgrown such as baby puzzles broken such as goodie bag or happy meal toys.
- Remove items from shelves, quickly dust, and replace them neatly
- Remove items from toy box (if you have one) and dust bust.
- Move large toys to vacuum under them
- Replace large toys and vacuum the center of the room.
- With your children or on your own, fill a box of toys they no longer need, want, or love.

### A Lot Less Mess (2+ hours):

- Gather boxes and cleaning supplies
- Gather all toys to one location in the home, if possible.
- Throw out broken items.

- Put items that are outgrown or no longer loved in a box to donate.
- Wipe, dust, or vacuum all shelves, bins, and boxes where toys are kept.
- Clean toys
- Go through each item, one by one, and determine whether it stays or goes.
- Sort items you are keeping into piles of similar toys.
- Consider purchasing bins or shelving to contain items.
- Put toys in bins or on shelves
- Add labels
- Clean the rest of the room: Vacuum, dust baseboards, wash windows, wipe light switches, etc.
- Explain your expectations to your children, show them the labels and where the items go.
- Be patient over the next few weeks, leave some extra tidying up time and make sure everyone knows where everything goes.

### To Do List:

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### Shopping List:

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